

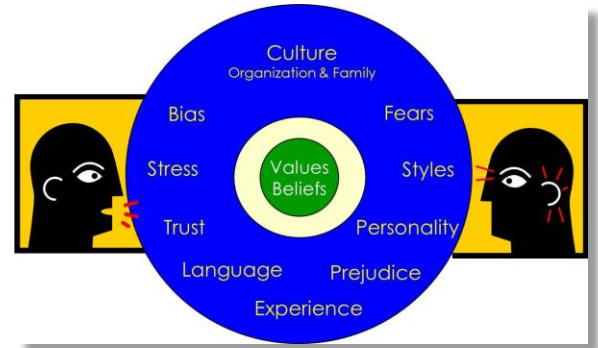
What happens next?



WERE YOU WRONG?

Each person who views this can have a different perspective. The lens we use to see the world is based on a variety of factors from personality type, and culture to life experiences, values, and stress. It allows us to filter what we see and results in judgments, projections, and bias that affects our thinking and ultimately our behaviors.

More than 80% of communication is non-verbal. It is estimated that 7% is based on words alone with 55% on body language. We observe; select; filter; add; assume; conclude; then act.



YOUR VIEW IMPACTS YOUR SUCCESS

Your thinking is influenced by external and internal factors. Recognize your state of mind and what impacts or hijacks you from feeling, experiencing or influencing how you ultimately want it to be.

- 1) How do your experiences and beliefs influence you?
- 2) Do you project positive or negative onto yourself or others that ultimately impacts your experience to be good or bad?

You can change your filter to experience a different perspective by raising your awareness, such as you've done here, and practicing in the moment the change you want to experience. This experience will affect how you think, feel, behave, communicate and influence others.

